

Curriculum Vitae

Mr. RAJESH KUMAR SINGH

Professional Status- Guest Faculty



Information: Centre for yoga and Consciousness
Awadhesh Pratap Singh University
Rewa (M.P.)

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Email: rajeshsinghyoga@gmail.com

Personal Information: Nationality -Indian
Gender- Male

DOB: 05-06-1981

Field o Interests: Yoga ,Sport and Theatre

Objective:

To associate with multi-dynamic institute, which may provide a platform to update my knowledge & skills in accordance with latest trends in teaching along with research that follows a tradition of anticipating & leading changes.

Academic qualifications:

Sr No	Qualification	Qualification Year
1.	M-Phil (Physical education), APSU	2008
2.	M.Sc. in Yogic science, BU, Bhopal	2012
3.	M.P.Ed.	2006
4.	D.Y.ed.	2005
5.	B.P.Ed.	2004
6.	Bachelor of Science (B.Sc.), APSU.	2003
7.	Higher secondary	1999
8.	High school	1996

Research Experience:

- M.Phil.

Teaching Experience:

- July 2015 - present, Dyed Guest faculty at Centre for Yoga and Conciseness, APS University Rewa (M.P.)
- September 2018- present,PG Guest faculty at Centre for Yoga and Conciseness, APS University Rewa (M.P.)

Non-Academic Experience:

- Member of Darshan Parishad. (M.P.-C.G.)
- Member of MPDYSA (Co- Coordinator Dist. Rewa).
- Master Yoga Trainer, Indian Red Cross Society, Rewa.
- Ex. Master Trainer, Kaivalyadham yoga training center , Bhopal.
- NSS "C" Certificate and NCC candidate.
- Coach and Manager for APSU men / women yoga team at All India inter university yoga championship .
- I coordinated summer yoga camp at APSU campus April-May, 2017, 2018, 2019.
- Judging at National Yoga sports Games 2019-2020 (By-U.P. Yoga Sports Development Association)
- Under my guidance students achieved 1 gold, 2 silver and 1 bronze medal on national level open yoga championship.
- Attend 3 CME program (As Yoga Instructor/Therapist) .

Award

- **Rajesh Kumar Singh, Guest Faculty, APSU, Rewa awarded as a "Yoga Shiromani" in 2nd National Yoga Sports Games 2019-20, Organized by State Yoga Development Association U.P.**
- **Rajesh Kumar Singh, Guest Faculty, APSU, Rewa awarded as a "Yoga Ratna award" in 4th National Yoga Sports Games 2022-2023, Organized by State Yoga Development Association U.P.**
- **Gold , silver and bronze medalist at different National Yoga sport championship.**
- **Former Team Caption in APSU All India inter university swimming(aquatic) championship .**

Research Talks:

- **TOPIC: " Yoga shiksha ki chunautiyan avam nayi shiksha neeti".16th Adhiveshan of Dharshan Parishad, 20-21 March 2021, Awadhesh Pratap Singh University, Rewa (M.P.).**
- **TOPIC: "Vartman paridyisya me yog avam khel me suchna avam sanchar pradyogiki (I.C.T.) ka prabhav, 17-18 March 2018, Awadhesh Pratap Singh University, Rewa (M.P.).**
- **TOPIC: " Yoga and sport ".National seminar on Yoga for Nation building , Department of Yoga , Barkatullah university, Bhopal (M.P.).27-28th March 2019.**

REFERENCES

Sr No.	Name	Department	Location	Contact No
1.	Dr. Surendra Singh parihar	Registrar	APSU, Rewa	9425124312
2.	Prof. Sadhana Dauneria	Department of Yoga	BU (M.P.)	9425005718
3.	Prof. Shreekant Mishra	Department of Philosophy APSU,	Rewa (M.P.)	8085224496