

Department of Physical Education & Sports Science
A.P.S. University, Rewa (M.P.)
Time Table Theory & Practical
B.P.E.S. II,IV,VI Semester Session - 2023-24

S.No.	Class	Day	Subject & Time		
			11am-12pm	12pm-01pm	01pm-02pm
1.	B.P.E.S2 nd sem	Monday to Saturday	English - II (Miss. Rukmani Dwivedi)	History of Physical Education II (Dr.Sanjeev Kumar Mishra)	Basic and Systemic Anatomy - II (Mr. Vijay Pal)
2.	B.P.E.S 4 th sem	Monday to Saturday	Kinesiology (Mr. Vijay Pal)	Health Education (Miss. Rukmani Dwivedi)	Basics of Sports Training (Dr.Sanjeev Kumar Mishra)
3.	B.P.E.S 6 th sem	Monday to Saturday	Test & Measurement in Physical Education (Dr.Sanjeev Kumar Mishra)	Cricket Specialization, Athletics Specialization, Gymnastics Specialization (Dr. Gayatri Prasad Shukla)	Correctives and Rehabilitation in Physical Education (Dr. Gayatri Prasad Shukla)

Practical B.P.E.S. II,IV,VI Semester Session - 2023-24

S.No.	Class	Day	Subject & Time		
			06:30 am to 08:30 am		04:00 pm to 06:00 pm
1.	B.P.E.S2 nd sem, B.P.E.S 4 th sem, B.P.E.S 6 th sem.	Monday to Saturday	6:30am to 07:15am	Assembly, warming up 45 min.	Assembly, warming up 45 min.
		Monday to Wednesday	07:15am to 08:00am	Lesson Plan / Teaching Lesson Plan	04:45pm to 06:00pm Games Teaching and Self Game Practice
		Tuesday to Saturday		Specific Lesson Plan and Practice	
		Monday to Saturday	08:00am to 08:30am	Reaction Games, Reassembly	

Teachers Name :- Dr. Sanjeev Kumar Mishra , Dr. Gayatri Prasad Shukla, Mr. Vijay Pal, Miss. Rukmani Dwivedi


Head of Department
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